

Recommended Course Sequence

Subject Physical Education								
Sem.	Module/Courses	Type	h	ECTS	ECTS-Credit Points (workload)			
					5	10	15	20
I	1 Fundamentals of Medical, Biological and Sociological Aspects in Sports							
	1.a. Anatomy [STEOP]	VO	2	4				
	1.b. Exercise Physiology	VO	2	4				
	1.c. Sports Sociology	VO	1	2				
	2 Practical Exercises and Basic Principles in Methodological Aspects in Sports I							
	2.a. Active Games	UE	2	2				
2.b. Fitness Gymnastics with Music	UE	2	2					
2.c. Ice-Skating	UE	1	1					
Total				10	15	15		
II	3 Fundamentals of Kinesiology							
	3.a. Introduction to Scientific Working	PS	2	5				
	3.b. Kinesiology	VO	2	4				
	3.c. Promoting Posture	UE	1	1				
	4 Practical Exercises and Basic Principles in Methodological Aspects in Sports II							
	4.a. Apparatus Gymnastics	UE	2	2				
4.b. Swimming	UE	2	2					
4.c. Football	UE	1	1					
Total				10	15	15		
III	5 Fundamentals of Pedagogical Aspects in Sport and Training Science <i>(Prerequisites: successful completion of compulsory module 1 and 2)</i>							
	5.a. Sports Education	VO	2	4				
	5.b. Training Science	VO	2	4				
	5.c. Subject Didactics Experience – Adventure	VU	1	1				
	5.d. Climbing	UE	1	1				
	6 Practical Exercises and Basic Principles in Methodological Aspects in Sports III							
6.a. Basketball	UE	2	2					
6.b. Skiing	EX	2	2					
6.c. Racket Sports	UE	1	1					
Total				11	15	15		
IV	7 Fundamentals of Methodical and Biomechanical Aspects in Sports <i>(prerequisites: successful completion of compulsory modules 4 and 5)</i>							
	7.a. Sports Methods and Teaching	VU	2	2				
	7.b. Biomechanics	VO	2	4				
	7.c. Handball	UE	2	2				
	7.d. Athletics	UE	2	2				
	8 Practical Exercises and Basic Principles in Methodological Aspects in Sports IV <i>(Prerequisites: successful completion of compulsory modules 2 and 4)</i>							
8.a. Subject Didactics: Acrobatic Skills	VU	2	2					
8.b. Subject Didactics: Social Education in Movement and Sports	VU	1	1					
8.c. Gymnastics and Dance	UE	2	2					
Total				13	15	15		
V	9 Empirical Methods <i>(Prerequisites: successful completion of compulsory modules 1, 4 and 5)</i>							
	Empirical Methods	PS	2	5				
	10 Dance Theatre and Games in Physical Education and Sport <i>(Prerequisites: successful completion of compulsory modules 2, 3, 4, 5, 6, 7 and 8)</i>							
	10.a. Subject Didactics Dance Theatre	VU	2	2				
10.b. Subject Didactics Movement and Sports Games	VU	1	1					
10.c. Volleyball	UE	2	2					
Total				7	10	10		
VI	11 Psychology and Pedagogy for Physical Education and Sport							
	11.a. Sports Psychology	VO	1	2				
	11.b. Sports Education	PS	1	3				
	12 Health Effects of Physical Education and Sport <i>(Prerequisites: successful completion of compulsory modules 9 and 10)</i>							
12.a. Fitness Training	UE	2	2					
12.b. Subject Didactics Sports Games	VU	1	1					
12.c. Subject Didactics Swimming and Water Sports	VU	2	2					
Total				7	10	10		
VII	13 Performance Improvement in Physical Education and Sport <i>(Prerequisites: successful completion of compulsory modules 3, 5 and 11)</i>							
	13.a. Subject Didactics: Performance Improvement I Apparatus Gymnastics – Parkours – Trampoline – Acrobatics	VU	2	2				
	13.b. Subject Didactics: Performance Improvement II Swimming and Athletics	VU	2	3				
	15 Subject-Related Practical Course <i>(Prerequisites: successful completion of compulsory modules 12)</i>							
Subject-Related Practical Course	PR	1	5					
Total				5	10	10		
VIII	14 Bachelor's Thesis <i>(Prerequisites: successful completion of compulsory modules 3, 5, 9 and 11)</i>							
	Bachelor's Seminar	SE	2	5				
16 Special Topics in Sports Science <i>(Prerequisites: The prerequisites specified in the respective curricula must be met.)</i>								
Courses corresponding to 5 ECTS-Credits from the courses of the Bachelor's Programme Sports Science must be selected			3	5				
Total				5	10	10		
Total			68	100				

Recommended Course Sequence

Education Studies									
Sem.	Module/Courses	Type	h	ECTS	thereof pedagogical-practical studies per ECTS-Credits	ECTS-Credit Points (workload)			
						5	10	15	20
I	1 Introduction to Teaching: Becoming a Professional								
	1.a. School as an Educational Institution and Role of the Teacher [STEOP]	VO	2	2	0				
	1.b. School as an Educational Institution and Role of the Teacher	PS	2	2	2				
	Total		4	4	2	4			
II	1 Introduction to Teaching: Becoming a Professional								
	1.c. Dealing with the Challenges as a Teacher at School – Teaching Practice I	PR	2	3,5	3,5				
	Total		2	3,5	3,5	3,5			
III	2 Learning, Teaching and Research in the Context of Diversity (<i>Prerequisites: successful completion of Compulsory Module 1</i>)								
	2.a. Learning and Teaching in the Context of Diversity	VO	2	2	0				
	2.b. Learning and Teaching in the Context of Diversity	PS	1	2	1				
	2.c. Educational Research and Development of School and Teaching	VO	1	1,5	0				
	2.d. Educational Research and Development of School and Teaching	PS	1	2	1				
Total		5	7,5	2	7,5				
IV	3 Diagnosing, Counselling, Educating, Teaching, and Assessing (<i>Prerequisites: successful completion of Compulsory Module</i>)								
	3.a. Diagnosing and Counselling	VO	2	2	0				
	3.b. Diagnosing and Counselling	PS	2	2	1				
Total		4	4	1	4				
V	3 Diagnosing, Counselling, Educating, Teaching, and Assessing (<i>Prerequisites: successful completion of Compulsory Module</i>)								
	3.c. Educating and Assessing – Teaching Practice II	PR	2	3,5	2,5				
Total		2	3,5	2,5	3,5				
VI	4 Profession-specific profiling as a teacher in the occupational field of school I (<i>Prerequisites: successful completion of Compulsory Modules 1</i>)								
	Profession-specific knowledge and action	PS	2	2,5	2,5				
Total		2	2,5	2,5	2,5				
VII	5 Profession-specific profiling as a teacher in the occupational field of school II (<i>Prerequisites: successful completion of Compulsory Modules 2, 3 and 4</i>)								
	5.a. Profession-specific knowledge and action Teaching Practice IIIa and IIIb	PR	2	7,5	7,5				
	Total		2	7,5	7,5	7,5			
VIII	5 Profession-specific profiling as a teacher in the occupational field of school II (<i>Prerequisites: successful completion of Compulsory Modules 2, 3 and 4</i>)								
	5.b. Integration of profession-specific competences	PS	2	2,5	2				
Total		2	2,5	2	2,5				
I - VIII	6 Current Topics in School and Education Research								
	One course with a total of 2.5 ECTS-Credits must be selected from the following topical areas:								
	VO Gender Sensitivity in the Educational System								
	VO Inclusion and Heterogeneity in the Educational System								
	VO Multilingualism and Interculturality in the Educational System								
VO Plurality of World Views	VO	2	2,5						
Total		2	2,5		2,5				
III - VIII	7 Current Topics in School and Education Research								
	Courses for advanced study of the topics of modules 1 to 4 or courses on topics in current education science of the accordingly marked course offer resp.								
Total		2	2,5	0,5	2,5				
Total			27	40	23,5				

* additionally, 10 ECTS-Credit per subject out of didactics is given

Composition of pedagogical-practical studies

Bachelor's Programmes: 23,5 ECTS-Credits educational basics + 10 ECTS-Credits didactics

Master's Programmes: 5 ECTS-Credits educational basics + 2 ECTS-Credits didactics