



**AURORA**

# Healthy and sustainable food systems or mental resilience

**Interdisciplinary CSL Course**

**Registration deadline: 2 December 2024**

[More information can be found in the Aurora Course Catalogue](#)

**Are you passionate about addressing real-world challenges in food systems, sustainability, and health? Join the Interdisciplinary CSL Course at VU Amsterdam, part of the Erasmus+ Blended Intensive Programme (BIP). Open to all Master's students from Aurora Universities, this course brings together students from diverse disciplines to develop innovative solutions for a sustainable future.**

This edition we have two main topics:

1. In collaboration with the European research projects CLEVERFOOD, FOSSNET, and FOSTER, focuses on health and sustainable food systems. You'll work on practical cases, collaborating with researchers and non-academic stakeholders on food system transformation projects.
2. In collaboration with the Amsterdam-based Knowledge Alliance on Mental Strength, and European project - Re/Presenting Europe, focuses on mental health, resilience and healing. You'll work on practical cases, collaborating with researchers and non-academic stakeholders on projects that focus on improving the mental wellbeing of the public.

#### **Course timeline:**

- Virtual sessions (February - June 2025)
- On-site Learning Week (16 - 20 June 2025)

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