

## Curriculum Vitae

Thea Xenia Wiesli

ORCID-ID: [0000-0002-3610-3058](https://orcid.org/0000-0002-3610-3058)

### Education

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- 09/2017 – 02/2022 **PhD in Sociology (Dr. rer. soc.), University of Bern**  
Insigni cum laude, 26 ECTS, Supervisor: Prof. Ulf Liebe, University of Warwick
- Cumulative dissertation "Sustainable Quality of Life in Rural Switzerland"
  - International Graduate School North-South (IGS), University of Bern
  - Summer School in Nepal "On Social Change and Sustainable Development", IGS
- 09/2013 – 12/2017 **Master of Arts in Sociology and Media Science, University of Basel**  
Insigni cum laude, 145 ECTS
- Master thesis "WWF and Greenpeace on Facebook: A Discourse Analysis of the NGO's and Community's Communication Culture"
- 09/2010 – 06/2013 **Bachelor of Arts in Poststructuralist Theory, ZHDK University of Arts Zurich**  
Admission by portfolio, no grades, 193 ECTS
- Bachelor thesis: "On Criticism with Roland Barthes and Michel Foucault"
  - Erasmus semester (2012), Academy of Fine Arts Vienna
  - Excursion to India "Productions and Designs in Mumbai Slums and Rajasthan"
- 08/2008 – 08/2010 **Preliminary Art and Design School, F&F School of Arts Zurich**
- 08/2002 – 08/2005 **Apprenticeship Diploma, Bildungszentrum für Bau und Mode Kreuzlingen**

### Academic Employment

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- Since 10/2023 **Postdoc, Department of Sociology, University of Innsbruck**
- Member of research group "Rural and Regional Sociology"
  - Leader of research project "Towards Sustainable Levels of Meat Consumption"
  - Member of ERC-funded project "Evolution of Institutional Diversity in a Changing World: Finding Solutions in Resilient Agricultural Systems", University of Zaragoza
- 09/2021 – 09/2023 **Research Associate, Centre for Development and Environment (CDE), University of Bern**
- Research in projects "Food Systems from the Perspective of Justice", "Nature Park Stations in Bernese Parks", "ThinkLab#1: Sustainable Well-being", "The Clearance of the Former Ammunition Depot in Mitholz"
  - Co-work with UNESCO Biosphere on exhibition "We Love Äntlibuech"
- 09/2017 – 08/2021 **PhD Candidate and Research Associate, CDE, University of Bern**  
Research project "Quality of Life and Sustainability" led by Prof. Thomas Hammer
- Organising, conducting and analysing literature reviews and empirical studies
  - Co-work with stakeholders and policymakers
  - Supervision of student assistant
  - Research in project "Evaluation of Nature Parks in the Canton of Bern"

### Teaching Activities

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- Since 10/2023 **B.A. Department of Sociology and M.Sc. Department of Ecology, University of Innsbruck**
- Teaching and conceptualisation of, e.g. "Empirical Methods of Social Sciences", "Agrarian- und Regional Sociology", "Meat Consumption and Sustainable Nutrition from a Sociological Perspective"

- Since 10/2023 **M.Sc. Department of Ecology, University of Innsbruck**  
• Teaching and conceptualization of Selected Chapters of Environmental Management II: "Meat Consumption and Sustainable Nutrition from a Sociological Perspective"
- 09/2024 **Summer School "Entanglement of Mountain Farming and Tourism" Obergurgl, University of Innsbruck**  
• Supervision of PhD students, presentations and moderation of seminars
- 09/2018 – 02/2022 **Minor B.Sc. and M.Sc., Sustainable Development, CDE, University of Bern**  
• Teaching and conceptualisation of, e.g. "Inter- and transdisciplinary Research Designs in Sustainable Development", "Prosperity and Consumption Transitions"

### **Acquired Research Projects and Other Funding**

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- 10/2024 **Tiroler Nachwuchsforscher\*innenförderung (TNF)**  
Research Project "The Distinction of Meat Consumption: A Comparison of Austria and Finland" (2024- 2026)
- 07/2024 **Aurora European Universities Allianz (AURORA)**  
Secondment at Vrije University Amsterdam, VU Business & Society Knowledge Hub
- 05/2024 **Early Stage Funding University of Innsbruck**  
Research Project "Towards Sustainable Levels of Meat Consumption" (2024-2025)
- 09/2023 **Zuwendung IMG Foundation Bern**  
Research exchange in Brazil with Prof. Burlandy, Universidade Federal Fluminense
- 08/2023 **Open Round 2023 of the Phil.Nat. Faculty, University of Bern**  
Research exchange in Brazil with Prof. Burlandy, Universidade Federal Fluminense
- 09/2018 and 08/2020 **Berne University Research Foundation**  
Summer Schools "Structural Equation Modelling" and "On Social Change and Sustainable Development", IGS

### **Additional Education**

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- 11/2023 – 11/2024 **Certificate Education for Sustainable Development, Alliance of Sustainable Universities, Austria**
- 02/2020 – 11/2020 **CAS University Didactics & Teaching Courses, University of Bern**
- 11/2017 – 04/2019 **Transferable Skill Courses, University of Bern**
- 08/2020 **Structural Equation Modelling, FORS and Università della Svizzera italiana**

### **Scientific Review Activities**

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- Since 04/2024 **Journal of Rural Studies, Elsevier**
- Since 03/2022 **Mountain Research and Development, International Mountain Society**
- Since 01/2023 **Sustainable Development Research, Ideas Spread**

### **Non-Academic Work Experience**

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- 10/2005 – 08/2017 **Internships in Art Museum Rapperswil, Swiss TV, BFF Office for Film, Radio Stadtfiler, Zurich. Barista and Bookseller at Sphères, Hiltl, Zurich**
- 08/2002 – 08/2005 **Apprenticeship, W-Design Kreuzlingen**

### **Languages**

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Swiss and high German (mother tongue language), English (C1), French (A2) and Italian (B1)

## Publication and Conference List

### Peer-Reviewed Articles

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**Wiesli Thea Xenia** and Przepiorka Wojtek (2023). Does Living in a Protected Area Reduce Resource Use and Promote Life Satisfaction? Survey Results from and Around three Regional Nature Parks in Switzerland. *Social Indicators*. <https://doi.org/10.1007/s11205-023-03164-z>

**Wiesli Thea Xenia** and Hammer Thomas (2022). How can Quality of Life be Achieved in a Sustainable Way? Perceptions of Swiss Rural Inhabitants. *Discover Sustainability* 3, 44. <https://doi.org/10.1007/s43621-022-00114-6>

**Wiesli Thea Xenia**, Hammer Thomas and Knaus Florian (2022). Improving Quality of Life for Residents of Nature Parks: Management Recommendations. *Sustainability: Science, Practice and Policy* 18, 1. <http://dx.doi.org/10.1080/15487733.2022.2100128>.

Hammer Thomas, Bär Roger and **Wiesli Thea Xenia** (2022). Großschutzgebiete als Schlüsselakteure regionaler Transformation Richtung Nachhaltigkeit? *Berichte Geographie und Landeskunde* 95, 4: 379–400. <https://doir.org/10.25162/bgl-2022-0020>

Hammer Thomas, Bär Roger, Ehrensperger Albrecht, Friedli Andreas, Liechti Karina, Wallner Astrid and **Wiesli Thea Xenia** (2022). A Holistic Assessment of the Impacts of Park Management: Findings from the Evaluation of Regional Nature Parks in Switzerland. *Eco Mont* 14, 1. <https://www.austriaca.at/?arp=0x003d2772>

**Wiesli Thea Xenia**, Liebe Ulf, Hammer Thomas and Bär Roger (2021). Sustainable Quality of Life: A Conceptualization that Integrates the Views of Inhabitants of Swiss Rural Regions. *Sustainability* 13, 16: 9187. <https://doi.org/10.3390/su13169187>

### Cumulative PhD-Thesis

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**Wiesli Thea Xenia** (2022). Quality of Life and Sustainability in Rural Switzerland. *Thesis*. University of Bern, Bern. <https://boristheses.unibe.ch/id/eprint/4494>

### Reports

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**Wiesli Thea Xenia** and Bär Roger (2022). Citizen Science in Schweizer Pärken und Welterbestätten. Eine Standorterhebung. Centre for Environment and Development (CDE). University of Bern, Bern, Switzerland. <https://landscape-alps-parks.scnat.ch/de>

**Wiesli Thea Xenia**, Hammer Thomas and Siegrist Elena Grace (2020). Lebensqualität in Verbindung mit Nachhaltigkeit im Regionalen Naturpark Jurapark Aargau. Ergebnisse einer quantitativen Studie. Centre for Development and Environment (CDE), University of Bern, Bern, Switzerland. DOI: 10.7892/boris.145908

**Wiesli Thea Xenia**, Hammer Thomas and Siegrist Elena Grace (2020). Lebensqualität in Verbindung mit Nachhaltigkeit im Regionalen Naturpark Gantrisch. Ergebnisse einer quantitativen Studie. Centre for Development and Environment (CDE), University of Bern, Bern, Switzerland. DOI: 10.7892/boris.145909

**Wiesli Thea Xenia**, Hammer Thomas and Siegrist Elena Grace (2020). Lebensqualität in Verbindung mit Nachhaltigkeit in der UNESCO Biosphäre Entlebuch. Ergebnisse einer quantitativen Studie. Centre for Development and Environment (CDE), University of Bern, Bern, Switzerland. DOI: 10.7892/boris.145910

Bär Roger, **Wiesli Thea Xenia**, Hammer Thomas, Ehrensperger Albrecht and Liechti Karina (2020). Berner Pärke 2012–2021: Evaluation der Chartas der Regionalen Naturpärke Chasseral, Diemtigtal und Gantrisch. Synthesebericht. Centre for Development and Environment (CDE), University of Bern, Bern, Switzerland. Im Auftrag des Amtes für Gemeinden und Raumordnung des Kantons Bern. DOI: 10.7892/boris.144132

**Wiesli Thea Xenia** and Hammer Thomas (2019). Lebensqualität und Nachhaltigkeit: Die Sicht der Bevölkerung in Pärken von nationaler Bedeutung. Eine qualitative Studie in den Naturpärken Jurapark Aargau, UNESCO Biosphäre Entlebuch und Naturpark Gantrisch. Kurzbericht. Centre for Development and Environment (CDE), University of Bern, Bern, Switzerland. DOI: 10.7892/boris.132887

## **Internal Reports and Working Papers**

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Maurice Tschopp, Myriam Pham-Truffert, **Thea Xenia Wiesli**, Jorge Llopis, Roger Bär and Stephanie Moser (2023). Working paper on Sustainable Well-Being: Considerations on the Concept and Overview of CDE Activities. CDE transformation stream: ThinkLab#1. Centre for Environment and Development (CDE), University of Bern, Bern, Switzerland.

**Wiesli Thea Xenia**, Bär Roger, Hammer Thomas, Liebe Ulf and Siegrist Elena Grace (2020). Nachhaltige Lebensqualität in Regionalen Naturparks der Schweiz. Eine quantitative Studie in den Parks UNESCO Biosphäre Entlebuch, Naturpark Gantrisch und Jurapark Aargau. Centre for Development and Environment (CDE), University of Bern. Bern, Switzerland.

**Wiesli Thea Xenia**, Hammer Thomas and Bär Roger (2020). Evaluationsbericht des Regionalen Naturparks Gantrisch: Betriebsphase 2012-2021. Im Auftrag des Amtes für Gemeinden und Raumordnung des Kantons Bern. Centre for Development and Environment (CDE), University of Bern. Bern, Switzerland.

## **Presentations and Organisation at and of Conferences**

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**Wiesli Thea Xenia** (2024). Sustainable Levels of Meat Consumption. Presentation at 16<sup>th</sup> European Sociology Association Conference, Porto. Session "Food consumption 1: Meat 1". Porto, Portugal. [file:///C:/Users/c4081228/Downloads/Programme\\_ESA\\_Conference\\_16Aug.pdf](file:///C:/Users/c4081228/Downloads/Programme_ESA_Conference_16Aug.pdf)

**Wiesli Thea Xenia** (2024). Sustainable Levels of Meat Consumption. Presentation at Transformationswerkstatt Nachhaltigkeit, Institute for Sustainability, University of Kassel, Kassel, Germany. <https://shorturl.at/WehQ3>

**Wiesli Thea Xenia** (2023). Sistemas alimentares, doenças crónicas e políticas públicas no Brasil e na Suíça (workshop title) and Food Challenges and Food Policies in Switzerland (presentation title). Co-organisation of the workshop and presentation at Universidade Federal Fluminense, at the workshop Rio de Janeiro, Brazil.

**Wiesli Thea Xenia**, (2022). Sustainable Quality of Life in Nature Parks. Presentation at Brownbag Series of the ThinkLab#1: Sustainable Well-Being in the Global North Session, University of Bern, Centre for Development and Environment, Bern, Switzerland.

Maurice Tschopp, **Thea Xenia Wiesli**, Myriam Pham-Truffert (2022). Brownbag Series of the ThinkLab#1: Sustainable Well-Being in the Global North. Co-Organisation of brown bag series. University of Bern, Centre for Development and Environment, Bern, Switzerland.

**Wiesli Thea Xenia** and Przepiorka Wojtek (2021). Does living in a protected area promote social and environmental sustainability? Online presentation at Mid-term Conference of the ISA-RC55 Research Committee on Social Indicators. Indicators of Social Sustainability and Wellbeing. Fiesole, Italy. <https://www.isa-sociology.org/uploads/imgen/893-cfa-rc55-indicators-of-social-sustainability-and-wellbeing.pdf>

**Wiesli Thea Xenia**. How can Sustainable Management of Nature Parks Improve Quality of Life for their Residents? (2021). Online presentation (Invited) at UNESCO chairs Brownbag. Kärnten, Austria. <https://www.fh-kaernten.at/weiterbildung/bauingenieurwesen-architektur/management-of-conservation-areas-msc/videos>

**Wiesli Thea Xenia** and Hammer Thomas (2021). Nachhaltige Lebensqualität in Parks von nationaler Bedeutung: Wie Forschungsergebnisse kommunizieren und umsetzen? Co-leading, organisation of Workshop and presentation at Nachhaltigkeitstag Bern. Bern, Switzerland. <https://nachhaltigkeitstag-bern.ch/web/de/programm/interactive-sessions/3-nachhaltige-lebensqualität-in-parken-von-nationaler-bedeutung-wie-forschungsergebnisse-kommunizieren-und-umsetzen/>

**Wiesli Thea Xenia** and Hammer Thomas (2021). Nachhaltige Lebensqualität in Regionalen Naturparks von nationaler Bedeutung: Welche Bedeutung haben die Ergebnisse des gleichnamigen Forschungsprojekts für die Parkmanagements. Co-leading, organisation of Workshop and presentation at 4. Tagung Parkforschung Schweiz. Schöpfheim Switzerland. [https://scnat.ch/de/uuid/i/002ed395-89bc-5a26-8eb7-b5321246407c-4.\\_Tagung\\_Parkforschung\\_Schweiz](https://scnat.ch/de/uuid/i/002ed395-89bc-5a26-8eb7-b5321246407c-4._Tagung_Parkforschung_Schweiz)

**Wiesli Thea Xenia** (2019). Lebensqualität und Nachhaltigkeit in regionalen Naturpärken. Eine qualitative Studie zur Sicht der Bevölkerung. Presentation at 3. Tagung Parkforschung Schweiz. Bern, Switzerland. [https://scnat.ch/de/uuid/i/2b4f6052-2952-50a8-a0ea-c1b787761660-3.\\_Tagung\\_Parkforschung\\_Schweiz](https://scnat.ch/de/uuid/i/2b4f6052-2952-50a8-a0ea-c1b787761660-3._Tagung_Parkforschung_Schweiz)

**Wiesli Thea Xenia** (2018). Nachhaltige Lebensqualität in Regionen geschützter Landschaften. Presentation at Erster Schweizer Landschaftskongress (SCNAT). Luzern, Switzerland. <https://landschaftskongress.ch/2018#Programm>

### **Outreach Publications and Third Mission Activities**

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Hammer Thomas and **Wiesli Thea Xenia** (2023). Hohe Lebensqualität geht auch ohne hohen Ressourcenverbrauch. Akademie der Naturwissenschaft (SCNAT). Bern, Schweiz. [https://naturwissenschaften.ch/uuid/i/abcc2553-c8c3-5182-b729-12c8392dacbe-%C2%ABHohe\\_Lebensqualit%C3%A4t\\_geht\\_auch\\_ohne\\_hohen\\_Ressourcenverbrauch%C2%BB](https://naturwissenschaften.ch/uuid/i/abcc2553-c8c3-5182-b729-12c8392dacbe-%C2%ABHohe_Lebensqualit%C3%A4t_geht_auch_ohne_hohen_Ressourcenverbrauch%C2%BB)

**Wiesli Thea Xenia**, Knaus Florian, Hammer Thomas and Handschin Martin (2021). We Love Äntlibuech. Exhibition magazine. Biosphärenmanagement; Centre for Development and Environment, University of Bern. Schüpheim, Switzerland. <https://boris.unibe.ch/158207/>. DOI: 10.48350/158207

Claudia Vonlanthen and **Wiesli Thea Xenia** (2021). „Gut und nachhaltig leben – ein Gegensatz oder eine vielversprechende Entwicklung?“ Interview of Claudia Vonlanthen with Thea Wiesli. Gantrisch Zeitung No. 1/2021, p. 30-32. <https://gantrisch-zeitung.ch/gut-und-nachhaltig-leben-ein-gegensatz-oder-eine-vielversprechende-entwicklung/>