

# Recommended Course Sequence

| Subject Nutrition and Housekeeping                                                     |                                                                                                   |                                                                                        |    |           |                               |    |    |             |  |
|----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|----|-----------|-------------------------------|----|----|-------------|--|
| Sem.                                                                                   | Module/Courses                                                                                    | Type                                                                                   | h  | ECTS      | ECTS-Credit Points (workload) |    |    |             |  |
|                                                                                        |                                                                                                   |                                                                                        |    |           | 5                             | 10 | 15 | 20          |  |
| <b>I</b>                                                                               | 1 Principles of Nutrition and Housekeeping                                                        |                                                                                        |    |           |                               |    |    |             |  |
|                                                                                        | 1.a. Principles of Housekeeping [STEOP]                                                           | VO                                                                                     | 1  | 2         |                               |    |    |             |  |
|                                                                                        | 1.b. Principles of Nutrition [STEOP]                                                              | VO                                                                                     | 1  | 2         |                               |    |    |             |  |
|                                                                                        | 1.c. Introduction to Subject-Didactics Nutrition and Housekeeping                                 | PS                                                                                     | 1  | 1         |                               |    |    |             |  |
|                                                                                        | 2 Introduction to Kitchen & Serving Practices                                                     |                                                                                        |    |           |                               |    |    |             |  |
|                                                                                        | 2.a. Introduction to Kitchen Practices                                                            | UE                                                                                     | 3  | 3         |                               |    |    |             |  |
|                                                                                        | 2.b. Principles of Serving Practices                                                              | UE                                                                                     | 1  | 2         |                               |    |    |             |  |
|                                                                                        | 2.c. Work Science and Ergonomics                                                                  | VO                                                                                     | 1  | 1         |                               |    |    |             |  |
|                                                                                        | 2.d. Subject-Didactics Cooking and Serving                                                        | PS                                                                                     | 1  | 1,5       |                               |    |    |             |  |
|                                                                                        | <b>Total</b>                                                                                      |                                                                                        |    | <b>9</b>  | <b>12,5</b>                   |    |    | <b>12,5</b> |  |
| <b>II</b>                                                                              | 3 Natural Sciences                                                                                |                                                                                        |    |           |                               |    |    |             |  |
|                                                                                        | 3.a. Nutritional Science I                                                                        | VO                                                                                     | 1  | 2         |                               |    |    |             |  |
|                                                                                        | 3.b. Fundamentals of Human Biology                                                                | VO                                                                                     | 1  | 2         |                               |    |    |             |  |
|                                                                                        | 3.c. Household Technology                                                                         | PS                                                                                     | 1  | 1         |                               |    |    |             |  |
|                                                                                        | 3.d. Subject-Didactics Sensory Analysis                                                           | PS                                                                                     | 1  | 1,5       |                               |    |    |             |  |
|                                                                                        | 4 Housekeeping & Society                                                                          |                                                                                        |    |           |                               |    |    |             |  |
|                                                                                        | 4.a. Principles of Household Economics                                                            | VO                                                                                     | 2  | 2         |                               |    |    |             |  |
|                                                                                        | 4.b. Household and Sustainability                                                                 | PS                                                                                     | 1  | 2         |                               |    |    |             |  |
|                                                                                        | 4.c. Integrative Aspects of Subject Didactics                                                     | PS                                                                                     | 1  | 2         |                               |    |    |             |  |
|                                                                                        | <b>Total</b>                                                                                      |                                                                                        |    | <b>8</b>  | <b>12,5</b>                   |    |    | <b>12,5</b> |  |
| <b>III</b>                                                                             | 5 Housekeeping & Consumption                                                                      |                                                                                        |    |           |                               |    |    |             |  |
|                                                                                        | 5.a. Fundamentals of the Socioeconomics of the Household                                          | VO                                                                                     | 1  | 2         |                               |    |    |             |  |
|                                                                                        | 5.b. Consumer Education                                                                           | PS                                                                                     | 2  | 2,5       |                               |    |    |             |  |
|                                                                                        | 5.c. Living in a Consumer Society                                                                 | PS                                                                                     | 1  | 2         |                               |    |    |             |  |
|                                                                                        | 5.d. Subject Didactics Consumer Education                                                         | PS                                                                                     | 1  | 1         |                               |    |    |             |  |
|                                                                                        | 6 Kitchen Management (Prerequisites: successful completion of compulsory module 2)                |                                                                                        |    |           |                               |    |    |             |  |
|                                                                                        | 6.a. Fundamentals of Cooking                                                                      | UE                                                                                     | 3  | 3         |                               |    |    |             |  |
|                                                                                        | 6.b. Economic and Ecologic Kitchen Management                                                     | PS                                                                                     | 1  | 2         |                               |    |    |             |  |
|                                                                                        | <b>Summe</b>                                                                                      |                                                                                        |    | <b>9</b>  | <b>12,5</b>                   |    |    | <b>12,5</b> |  |
|                                                                                        | <b>IV</b>                                                                                         | 7 Food Science and Legislation                                                         |    |           |                               |    |    |             |  |
| 7.a. Food Science I                                                                    |                                                                                                   | VO                                                                                     | 2  | 2         |                               |    |    |             |  |
| 7.b. Food Science II                                                                   |                                                                                                   | PS                                                                                     | 1  | 2         |                               |    |    |             |  |
| 7.c. Food Legislation and Hygiene                                                      |                                                                                                   | PS                                                                                     | 1  | 1,5       |                               |    |    |             |  |
| 7.d. Subject Didactics Tests and Experiments                                           |                                                                                                   | UE                                                                                     | 1  | 2         |                               |    |    |             |  |
| 8 Sociology of Nutrition                                                               |                                                                                                   |                                                                                        |    |           |                               |    |    |             |  |
| 8.a. Food Culture                                                                      |                                                                                                   | VO                                                                                     | 1  | 2         |                               |    |    |             |  |
| 8.b. Scientific Working                                                                |                                                                                                   | VO                                                                                     | 1  | 2         |                               |    |    |             |  |
| 8.c. Nutritional Psychology                                                            |                                                                                                   | VO                                                                                     | 1  | 1         |                               |    |    |             |  |
| <b>Total</b>                                                                           |                                                                                                   |                                                                                        |    | <b>9</b>  | <b>12,5</b>                   |    |    | <b>12,5</b> |  |
| <b>V</b>                                                                               | 9 Nutrition and Health I                                                                          |                                                                                        |    |           |                               |    |    |             |  |
|                                                                                        | 9.a. Target-Group-Specific Eating                                                                 | VO                                                                                     | 2  | 3         |                               |    |    |             |  |
|                                                                                        | 9.b. Applied Nutritional Science                                                                  | PS                                                                                     | 1  | 1,5       |                               |    |    |             |  |
|                                                                                        | 9.c. Nutritional Science II                                                                       | VO                                                                                     | 1  | 2         |                               |    |    |             |  |
|                                                                                        | 9.d. Subject-Didactics Nutrition and Health                                                       | PS                                                                                     | 1  | 1         |                               |    |    |             |  |
|                                                                                        | 10 Health Promotion                                                                               |                                                                                        |    |           |                               |    |    |             |  |
|                                                                                        | 10.a. Public Health                                                                               | PS                                                                                     | 2  | 2         |                               |    |    |             |  |
|                                                                                        | 10.b. Project Health Promotion                                                                    | PS                                                                                     | 2  | 3         |                               |    |    |             |  |
|                                                                                        | <b>Total</b>                                                                                      |                                                                                        |    | <b>9</b>  | <b>12,5</b>                   |    |    | <b>12,5</b> |  |
|                                                                                        | <b>VI</b>                                                                                         | 11 Nutrition – Health II (Prerequisites: successful completion of compulsory module 2) |    |           |                               |    |    |             |  |
| 11.a. Prevention and Dietetics                                                         |                                                                                                   | VO                                                                                     | 2  | 3         |                               |    |    |             |  |
| 11.b. Advanced Cooking                                                                 |                                                                                                   | UE                                                                                     | 3  | 4         |                               |    |    |             |  |
| 12 Nutrition and Society (Prerequisites: successful completion of compulsory module 2) |                                                                                                   |                                                                                        |    |           |                               |    |    |             |  |
| 12.a. Creative Cooking                                                                 |                                                                                                   | UE                                                                                     | 2  | 3         |                               |    |    |             |  |
| 12.b. Communal Food Service                                                            |                                                                                                   | PS                                                                                     | 1  | 1         |                               |    |    |             |  |
| 12.c. Interdisciplinary Working                                                        |                                                                                                   | UE                                                                                     | 1  | 1,5       |                               |    |    |             |  |
| <b>Total</b>                                                                           |                                                                                                   |                                                                                        |    | <b>8</b>  | <b>12,5</b>                   |    |    | <b>12,5</b> |  |
| <b>VII</b>                                                                             |                                                                                                   | 13 Nutrition and Housekeeping                                                          |    |           |                               |    |    |             |  |
|                                                                                        |                                                                                                   | 13.a. Nutritional Science III                                                          | PS | 1         | 2                             |    |    |             |  |
|                                                                                        | 13.b. Political Dimensions of the Household                                                       | VO                                                                                     | 2  | 3         |                               |    |    |             |  |
|                                                                                        | 13.c. Household as Service Provider                                                               | PS                                                                                     | 1  | 1,5       |                               |    |    |             |  |
|                                                                                        | 13.d. Subject-Didactics School Outings and Excursions                                             | UE                                                                                     | 1  | 1         |                               |    |    |             |  |
|                                                                                        | 14 Subject-Related Practical Course (Prerequisites: successful completion of compulsory module 2) |                                                                                        |    |           |                               |    |    |             |  |
|                                                                                        | Professional Teacher Development                                                                  | PR                                                                                     | 2  | 5         |                               |    |    |             |  |
|                                                                                        | <b>Total</b>                                                                                      |                                                                                        |    | <b>7</b>  | <b>12,5</b>                   |    |    | <b>12,5</b> |  |
|                                                                                        | <b>VIII</b>                                                                                       | 15 Sustainability as a Concept for Life                                                |    |           |                               |    |    |             |  |
|                                                                                        |                                                                                                   | 15.a. Global and Individual Effects                                                    | PS | 1         | 1,5                           |    |    |             |  |
| 15.b. Feeding the World                                                                |                                                                                                   | PS                                                                                     | 1  | 1         |                               |    |    |             |  |
| 15.c. Nutritional Ecology                                                              |                                                                                                   | PS                                                                                     | 1  | 1         |                               |    |    |             |  |
| 15.d. Subject Didactics Competence-Oriented Performance Assessment                     |                                                                                                   | PS                                                                                     | 1  | 1,5       |                               |    |    |             |  |
| 16 Bachelor's Thesis (Prerequisites: successful completion of compulsory module 8)     |                                                                                                   |                                                                                        |    |           |                               |    |    |             |  |
| Seminar with Bachelor's Thesis                                                         |                                                                                                   | SE                                                                                     | 1  | 7,5       |                               |    |    |             |  |
| <b>Total</b>                                                                           |                                                                                                   |                                                                                        |    | <b>5</b>  | <b>12,5</b>                   |    |    | <b>12,5</b> |  |
| <b>Total</b>                                                                           |                                                                                                   |                                                                                        |    | <b>64</b> | <b>100</b>                    |    |    |             |  |

# Recommended Course Sequence

| Education Studies           |                                                                                                                                                             |          |            |            |                                                        |                               |    |    |    |
|-----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|------------|------------|--------------------------------------------------------|-------------------------------|----|----|----|
| Sem.                        | Module/Courses                                                                                                                                              | Type     | h          | ECTS       | thereof pedagogical-practical studies per ECTS-Credits | ECTS-Credit Points (workload) |    |    |    |
|                             |                                                                                                                                                             |          |            |            |                                                        | 5                             | 10 | 15 | 20 |
| <b>I</b>                    | 1 Introduction to Teaching: Becoming a Professional                                                                                                         |          |            |            |                                                        |                               |    |    |    |
|                             | 1.a. School as an Educational Institution and Role of the Teacher [STEOP]                                                                                   | VO       | 2          | 2          | 0                                                      |                               |    |    |    |
|                             | 1.b. School as an Educational Institution and Role of the Teacher                                                                                           | PS       | 2          | 2          | 2                                                      |                               |    |    |    |
|                             | <b>Total</b>                                                                                                                                                |          | <b>4</b>   | <b>4</b>   | <b>2</b>                                               | <b>4</b>                      |    |    |    |
| <b>II</b>                   | 1 Introduction to Teaching: Becoming a Professional                                                                                                         |          |            |            |                                                        |                               |    |    |    |
|                             | 1.c. Dealing with the Challenges as a Teacher at School – Teaching Practice I                                                                               | PR       | 2          | 3,5        | 3,5                                                    |                               |    |    |    |
|                             | <b>Total</b>                                                                                                                                                |          | <b>2</b>   | <b>3,5</b> | <b>3,5</b>                                             | <b>3,5</b>                    |    |    |    |
| <b>III</b>                  | 2 Learning, Teaching and Research in the Context of Diversity (Prerequisites: successful completion of Compulsory Module 1)                                 |          |            |            |                                                        |                               |    |    |    |
|                             | 2.a. Learning and Teaching in the Context of Diversity                                                                                                      | VO       | 2          | 2          | 0                                                      |                               |    |    |    |
|                             | 2.b. Learning and Teaching in the Context of Diversity                                                                                                      | PS       | 1          | 2          | 1                                                      |                               |    |    |    |
|                             | 2.c. Educational Research and Development of School and Teaching                                                                                            | VO       | 1          | 1,5        | 0                                                      |                               |    |    |    |
|                             | 2.d. Educational Research and Development of School and Teaching                                                                                            | PS       | 1          | 2          | 1                                                      |                               |    |    |    |
| <b>Total</b>                |                                                                                                                                                             | <b>5</b> | <b>7,5</b> | <b>2</b>   | <b>7,5</b>                                             |                               |    |    |    |
| <b>IV</b>                   | 3 Diagnosing, Counselling, Educating, Teaching, and Assessing (Prerequisites: successful completion of Compulsory Module 1)                                 |          |            |            |                                                        |                               |    |    |    |
|                             | 3.a. Diagnosing and Counselling                                                                                                                             | VO       | 2          | 2          | 0                                                      |                               |    |    |    |
|                             | 3.b. Diagnosing and Counselling                                                                                                                             | PS       | 2          | 2          | 1                                                      |                               |    |    |    |
| <b>Total</b>                |                                                                                                                                                             | <b>4</b> | <b>4</b>   | <b>1</b>   | <b>4</b>                                               |                               |    |    |    |
| <b>V</b>                    | 3 Diagnosing, Counselling, Educating, Teaching, and Assessing (Prerequisites: successful completion of Compulsory Module 1)                                 |          |            |            |                                                        |                               |    |    |    |
|                             | 3.c. Educating and Assessing – Teaching Practice II                                                                                                         | PR       | 2          | 3,5        | 2,5                                                    |                               |    |    |    |
| <b>Total</b>                |                                                                                                                                                             | <b>2</b> | <b>3,5</b> | <b>2,5</b> | <b>3,5</b>                                             |                               |    |    |    |
| <b>VI</b>                   | 4 Profession-specific profiling as a teacher in the occupational field of school I (Prerequisites: successful completion of Compulsory Modules 1)           |          |            |            |                                                        |                               |    |    |    |
|                             | Profession-specific knowledge and action                                                                                                                    | PS       | 2          | 2,5        | 2,5                                                    |                               |    |    |    |
| <b>Total</b>                |                                                                                                                                                             | <b>2</b> | <b>2,5</b> | <b>2,5</b> | <b>2,5</b>                                             |                               |    |    |    |
| <b>VII</b>                  | 5 Profession-specific profiling as a teacher in the occupational field of school II (Prerequisites: successful completion of Compulsory Modules 2, 3 and 4) |          |            |            |                                                        |                               |    |    |    |
|                             | 5.a. Profession-specific knowledge and action Teaching Practice IIIa and IIIb                                                                               | PR       | 2          | 7,5        | 7,5                                                    |                               |    |    |    |
|                             | <b>Total</b>                                                                                                                                                |          | <b>2</b>   | <b>7,5</b> | <b>7,5</b>                                             | <b>7,5</b>                    |    |    |    |
| <b>VIII</b>                 | 5 Profession-specific profiling as a teacher in the occupational field of school II (Prerequisites: successful completion of Compulsory Modules 2, 3 and 4) |          |            |            |                                                        |                               |    |    |    |
|                             | 5.b. Integration of profession-specific competences                                                                                                         | PS       | 2          | 2,5        | 2                                                      |                               |    |    |    |
| <b>Total</b>                |                                                                                                                                                             | <b>2</b> | <b>2,5</b> | <b>2</b>   | <b>2,5</b>                                             |                               |    |    |    |
| <b>I - VIII</b>             | 6 Current Topics in School and Education Research                                                                                                           |          |            |            |                                                        |                               |    |    |    |
|                             | One course with a total of 2.5 ECTS-Credits must be selected from the following topical areas:                                                              |          |            |            |                                                        |                               |    |    |    |
|                             | VO Gender Sensitivity in the Educational System                                                                                                             |          |            |            |                                                        |                               |    |    |    |
|                             | VO Inclusion and Heterogeneity in the Educational System                                                                                                    |          |            |            |                                                        |                               |    |    |    |
|                             | VO Multilingualism and Interculturality in the Educational System                                                                                           |          |            |            |                                                        |                               |    |    |    |
| VO Plurality of World Views | VO                                                                                                                                                          | 2        | 2,5        |            |                                                        |                               |    |    |    |
| <b>Total</b>                |                                                                                                                                                             | <b>2</b> | <b>2,5</b> |            | <b>2,5</b>                                             |                               |    |    |    |
| <b>III - VIII</b>           | 7 Current Topics in School and Education Research                                                                                                           |          |            |            |                                                        |                               |    |    |    |
|                             | Courses for advanced study of the topics of modules 1 to 4 or courses on topics in current education science of the accordingly marked course offer resp.   |          |            | 2          | 2,5                                                    | 0,5                           |    |    |    |
| <b>Total</b>                |                                                                                                                                                             |          | <b>2</b>   | <b>2,5</b> | <b>0,5</b>                                             | <b>2,5</b>                    |    |    |    |
| <b>Total</b>                |                                                                                                                                                             |          | <b>27</b>  | <b>40</b>  | <b>23,5</b>                                            |                               |    |    |    |

\* additionally, 10 ECTS-Credit per subject out of didactics is given

Composition of pedagogical-practical studies

Bachelor's Programmes: 23,5 ECTS-Credits educational basics + 10 ECTS-Credits didactics

Master's Programmes: 5 ECTS-Credits educational basics + 2 ECTS-Credits didactics