

Science Café case studies

Partner acronym: BGBM

Case study 1	
Title of the Science Café	Hungry or full? Let's talk about food shortages and abundance!
Date of event	15th July 2017
Cooperation partner	Retirement Home Sophienstift
Venue	Botanischer Garten, Berlin
Speakers	Dr. Antonia Humm (historian) Anneliese Kohrs, Irmingard Schlegel, Ruth Janssen, Herta Schramm, Margarete Smalla (contemporary witnesses between 78 and 98 years old)
Number of people attending	5 contemporary witnesses plus 12 guests (mainly students, employees of the Freie Universität).
Which topic was addressed?	With contemporary witnesses we spoke of the years of hunger in the post-war period and their and our experiences of eating in abundance and your dietary preferences.
Which goals did you want to achieved?	The aim was to reflect on our own nutritional behaviour in times of abundance of food against the background of the contemporary witness experience of lack and hunger.
Description of activity What did you do?	Our first science café was a picnic in the garden where the participants sat at a long table. We served some typical emergency food of the post-war period like nettle soup, but also delicious modern dishes such as a vegetable quiche to establish a link with today's food situation. Antonia Humm, who is a historian specializing in contemporary history and oral history, interviewed the contemporary witnesses about their experiences with hunger and food shortages in the post-war period. The guests were also invited to participate with their own questions and statements on their experiences today.
Outcomes What went well? What would you recommend to do differently next time?	<p>The guests were very fascinated by the stories of the contemporary witnesses, some of whom described dramatic personal experiences.</p> <p>For example, one remained as a 10-year-old alone with her small siblings in the Soviet-occupied East Prussia. Because they had nothing to eat, the children joined the treks to the west and came to Berlin, where the food situation was not much better.</p> <p>The result in terms of dietary habits: While young people have no problem in throwing food remedies away, the experience of starvation makes it impossible for the old ladies to do that.</p> <p>Because the historical topic was so interesting and the contemporary witnesses spoke so vividly, almost the entire conversation concentrated on it. The references to our current situation of food waste were only briefly touched upon in the discussion. It would have been better if we had taken more time for this actual reference.</p>

Photos (including title and credit)



Hungrig oder satt?

Erzähl-Picknick mit Zeitzeuginnen im Botanischen Garten

Reden wir über Nahrungsmittelmangel und -überfluss!

Befragen Sie Zeitzeuginnen bei einem Erzähl-Picknick, wie sie die Hungerjahre der Nachkriegszeit erlebt haben. Und tauschen Sie sich mit ihnen über Ihre Erfahrungen mit Essen im Überfluss und Ihre Einstellungen zur Ernährung aus. Dazu gibt es typische Nachkriegsgerichte zum Probieren.

Ort: Botanischer Garten Berlin
Eingang Botanisches Museum, Königin-Luise-Straße 6-8, 14195 Berlin

Die Teilnehmerzahl ist auf 10 Personen beschränkt.
Bitte melden Sie sich bis zum 11. Juli bei a.humm@bgbm.org

Samstag
15. Juli 2017
16–17:30 Uhr



BG | Botanischer Garten &
BM | Botanisches Museum
Berlin

BigPicnic

Veranstaltet wird das
Erzählpicknick vom EU-Projekt
BigPicnic, das sich mit der
Ernährungssicherheit der
Zukunft beschäftigt.

